


Irish College of
Ophthalmologists

Eye Doctors of Ireland

Protecting your Vision

Basic Medical Training in Ophthalmology
Trainee Guide 2019



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1. Welcome

Dear Trainee,

Congratulations on your appointment to Basic Medical Training in Ophthalmology.

Basic Medical Training in Ophthalmology is delivered by the Irish College of Ophthalmologists (ICO). As a specialty, we continually review the training programme and identify areas we can improve upon. Equally, we aim to introduce new incentives that will contribute to the quality of training experience.

There are processes in place and these must be followed in order to ensure the smooth running of the training programme. Take time to read through this document as it will aid you in your development through each year of training.

If you require assistance, please speak with your Consultant Trainer, with the College or myself as necessary.

I hope that your experience of Basic Medical Training in Ophthalmology will be a positive one and may I wish you the best in your medical training career.

Yours sincerely,



Miss Yvonne Delaney
Dean of Postgraduate Education
Irish College of Ophthalmologists

2. Overview

The Basic Medical Training programme is three years in duration and is the pathway to specialist training in medical ophthalmology. The purpose of the basic medical years is to provide a broad based initial training in ophthalmology with attainment of knowledge skills and professional behaviours relevant to the practice of ophthalmology. Successful progression through Basic Medical Training gives trainees the opportunity to complete for Higher Medical Training.

The ICO is responsible for the delivery of the Basic Medical Training programme. The responsibility for designing the curriculum and setting the curriculum standards rests with the Manpower and Education Committee of the ICO.

The Basic Medical Training programme is designed to be delivered over three years in accredited clinical posts. Trainees have a maximum of five years from their start date in which to complete the programme. Successful progression to higher medical training is competitively determined by the scorecard collated by each trainee as they progress through BMT. To ensure fairness, the components of the scorecard related to the acquirement of clinic and specialty skills may only be collated over the 36 consecutive months of training from the start date.

3. Accredited Training Post Hospitals

Hospital	Important Contacts
Cork University Hospital	Educational Supervisor: Mr Zubair Idrees
University College Hospital Galway	Educational Supervisor: Miss Deirdre Townley
Mater Misericordiae University Hospital Temple St Children's University Hospital	Dean of Postgrad Education: Miss Yvonne Delaney Educational Supervisor: Mr Ian Flitcroft
Royal Victoria Eye and Ear Hospital Our Lady's Children Hospital, Crumlin St. Vincent's University Hospital	Educational Supervisor: Mr Edward Loane
Sligo University Hospital	Educational Supervisor: Miss Shauna Quinn
University Hospital Limerick	Educational Supervisor: Miss Marie Hickey Dwyer
University Hospital Waterford	Educational Supervisor: Mr John Stokes

4. BMT Assessment – Mandatory Components

Trainees are assessed via Competence and Assessment of Performance Appraisal (CAPA). This is a review session with the Dean of Postgraduate Education where your progress in relation to fulfilling the mandatory components of assessment is discussed. CAPA assessment documentation for your first six-month rotation is required in December for review by the Dean. CAPA assessment documentation for your second six-month rotation is required in May ahead of the formal CAPA assessment session with the Dean in June. Below are the mandatory components of the BMT assessment:

1.	Training Development Plan	
2.	Workplace Based Assessments (WBAs)	
3.	CAPA A Form (cumulative log summary)	e-Logbook
4.	Consultant Trainer Report	
5.	Clinical Cases Logbook	
6.	Human Factors	
7.	School for Surgeons (SFS) Online Teaching Programme	
8.	Examinations	
9.	ICO Skills Courses & Course Study Days	
10.	In-House Teaching	
11.	National Postgraduate Teaching Programme (NPTG)	

BMT Training Development Plan

Trainees are required to fill this out at the start of their rotation with their Trainer(s), where both will agree (i) which WBA the Trainee will choose to do and (ii) which Trainer will evaluate the Trainee for each particular assessment. A signed hard copy of the plan should be sent to the Training Coordinator in the ICO within the first two months of each rotation.

BMT Workplace Based Assessments (WBAs)

Workplace-based assessments encompass the assessment of skills, knowledge, behaviour and attitudes during day-to-day ophthalmic practice. Workplace based assessment have a significant impact on learning by providing feedback to trainees regarding the current level of their practice. They also inform the summative assessment at the completion of each 6 month rotation and contribute towards the documentation of the attainment of curricular outcomes which forms an important part of the CAPA process.

MT1a **1 Clinical WBA:** Mini CEX (Cataract) **or** Mini CEX (PVD)
2 Procedural WBA: DOPS (Fundal) **or** DOPS (Gonio Glaucoma)
 DOPS (I+C Meibomian Cyst) **or** Refraction (Adult)

MT1b **1 Clinical WBA:** Mini CEX (Cataract) **or** Mini CEX (PVD)
2 Procedural WBA: DOPS (Fundal) **or** DOPS (Gonio Glaucoma)
 DOPS (I+C Meibomian Cyst) **or** Refraction (Adult)

MT2a **1 Clinical WBA:** Mini CEX (Microbial Keratitis) **or** Mini CEX (ARMD)
1 Procedural WBA: (Refraction (paed), S+P **or** PRP **or** DOPs (Ectropion)

MT2b **1 Clinical WBA:** Mini CEX (Microbial Keratitis) or Mini CEX (ARMD)
1 Procedural WBA: (Refraction (paed), S+P or PRP or DOPs (Ectropion))

MT3a **1 Clinical WBA:** Mini CEX (Ocular Motility) or Mini CEX (DME)
1 Procedural WBA: (Refraction (paed), S+P or PRP or DOPs (Ectropion))

MT3b **1 Clinical WBA:** Mini CEX (Ocular Motility) or Mini CEX (DME)
1 Procedural WBA: (Refraction (paed), S+P or PRP or DOPs (Ectropion))

Please pay particular attention to the dates by which all WBAs must be completed. All of the relevant WBA forms are on the SFS website <https://vle.rcsi.ie/login/index.php>. Before you perform your WBAs please download the relevant forms from the SFS / VLE website. The forms on the website may undergo minor alterations from time to time so always make sure you download the forms as close to the WBA as possible. The online forms will always be the most up to date version. All WBAs will be scored and will contribute to the scorecard in order to compete to enter HMT.

Further information is outlined in the *Workplace Based Assessments* of this document.

BMT CAPA A Form

Trainees are required to complete the CAPA A form every six months which details the Trainee's timetable and is a cumulative log of their procedures for each rotation from years 1 – 3. You will find this document on the SFS website.

e-Logbook

The e-logbook is the Trainee's record of all procedures performed on patients. Trainees record their level of involvement in a procedure and the supervision received using the descriptors. A minimum number of index procedures / lasers / refractions must be carried during each 6 months of basic training. Refractions should also be recorded: <https://client.elogbook.org/logon/>

BMT Consultant Trainer Report

Trainees are required to have their Consultant Trainer complete this report on their progress at the end of each six months. You will find this document on the SFS website.

Clinical Cases Logbook

Collection of 12 cases to be documented in detail with reference to presentation, differential diagnosis, investigations, initial treatment, further investigation, evidence based use for treatment with reference to relevant RCTs or case series (if rare, presentation) and final outcome.

Further information is outlined below in the *Clinical Cases Logbook* section of this document.

Human Factors

A programme of training in Human Factors in Patient Safety principles is a mandatory component of ophthalmology training for Trainees at junior and senior levels of training and is

delivered by RCSI. Each module is designed to be delivered over a one day period and it is mandatory for each Trainee to attend 3 modules in year 1 and 2 modules in year 2 and to pass the Human Factors OSCE examination in years 1 & 2.

Further information is outlined in the *Human Factors* section of this document.

School for Surgeons (SFS) & Interactive Classroom (IC)

School for Surgeons (SFS) and the Interactive Classroom (IC) are the online learning components of the training programme. Assignments are completed on SFS and feedback sessions based on these assignments are facilitated through the IC. Participation on SFS assignments, IC feedback sessions and the end of term MCQ are mandatory components of the BMT programme. In each six-month rotation, a minimum of 60% of assignments are required to be completed and a minimum of 60% of ICs to be attended.

Further information is outlined in the *SFS & IC Online Teaching* section of this document.

Examinations - MRCSI (Ophth)

Trainees must pass the MRCSI (Ophth) exam to successfully complete Basic Training. To achieve the MRCSI (Ophth), Trainees must first pass the FRCOphth Part 1 exam and the Refraction exam. When you receive confirmation of passing any of the three exams, please submit copies of the confirmation to the college for your training file.

Further information is outlined in the *Examinations* section of this document.

ICO Skills Courses & Course Study Days

Throughout the academic year the below skills courses are delivered by the ICO and our partners. Each Trainee must have attended all obligatory courses in order to obtain their CCBST. Dates for all mandatory courses are circulated directly to you by email from the ICO.

Skills Courses & Study Days:

- Microsurgical Skills Course, RCSI (Mandatory Year 1)
- Refraction Course
- Ocular Anaesthetics Course, RVEEH
- Strabismus Paediatric Course, Waterford
- Anatomy ONLINE course (available through the VLE)

Further information is outlined in the *Courses & Meetings* section of this document.

In-House Teaching

A minimum of two hours per week of in-house teaching per week (during the academic year) takes place in each training unit. The content should be broadly based on the syllabus and should include case presentations, journal club, didactic lectures and audit. Each Consultant Trainer in the unit is expected to participate in the teaching and such participation by Trainers as well as attendance by Trainees should be documented by the Unit's Educational

Supervisor. It is obligatory for Trainees to attend a minimum of 60% of postgraduate in-house teaching.

The National Postgraduate Teaching Programme (NPTG)

The National Ophthalmic Postgraduate Teaching Programme includes monthly case presentations and lectures given by national and international invited speakers, with each subspecialty being represented at least once in the academic year. The programme is run by the Royal Victoria Eye and Ear Hospital. The program is video-conferenced to training Units in Cork University Hospital, Limerick Regional Hospital, Waterford Regional Hospital, Galway University Hospital, Sligo General Hospital and Letterkenny Hospital. It is also possible to view a livestream of the lectures.

Formal CAPA Assessment Session (June)

Trainees' formal CAPA assessment sessions take place in June of each training year with the Dean. At this session, the Dean will review all CAPA documentation with the Trainee: from the first six-months (must be submitted to the ICO in December) and from the second six-months (must be submitted to the college by May). Trainees will not pass their CAPA assessment if all relevant documentation is not submitted in time for review at the session.

Below are the documents each Trainee needs to submit per six month rotation to the college:

- Workplace Based Assessments (WBAs)
- CAPA A Form
- Consultant Trainer Report

During the assessment session, the Dean will fill out a CAPA B form which will be the record of the Trainee's participation and performance in the following mandatory areas:

- Human Factors
- School for Surgeons (SFS) Online Teaching Programme
- Examinations
(Please provide copies of confirmation of any passed exams)
- ICO Skills Courses & Course Study Days
- In-House Teaching
- National Postgraduate Teaching Programme (NPTG)

5. School for Surgeons & Interactive Classroom

Each Trainee is issued with a unique logon name and password to access the School for Surgeons website <https://vle.rcsi.ie/login/index.php>. The course content of SFS is a combination of case presentations, review of relevant Journal articles (Journal Watch), audio-video presentations of clinical and medical content and end of term MCQs. Cases are presented which are relevant to Ophthalmic Specialist Trainees and are based on the syllabus, the case-mix encountered in the clinic as well as the MRCSI (Ophth) Examination. JournalWatch engages Trainees in appraising relevant articles and papers in peer reviewed

Journals, all of which are available on the e-Journal Portal. Assignments are given on a three to four week basis and trainees are expected to submit their assignments online by the due date. Feedback is given in the form of text or interactive classrooms after the assignment due date. Each assignment is graded and Trainees are expected to score a minimum of 60% in order to pass each 6 month rotation of their 3 year training cycle. All SFS scores will contribute to the scorecard in order to compete to enter HMT.

The ICO advises you to check that your username and password is functioning and active.

6. American Academy of Ophthalmology ONE Network

As a Trainee of the ICO, you have access to the American Academy's Ophthalmic News & Education (ONE®) Network. The ONE Network is a comprehensive, online educational resource that brings together the most clinically relevant content, news and tools from a variety of trusted sources. The recent updates mean that when you log on to use the ONE Network, you will be able to access a greater extent of new content, such as a library of 3,500 free clinical images, basic skills courses, master class videos and self-assessments. The upgraded facility will also find content easily and quickly using a powerful new search engine and customise a visitors learning experience with the "My ONE Network" tool. The new version also allows you to view clinical content on any mobile device.

Important: Content from the ONE Network will be used in your School for Surgeons assignments and Interactive classroom feedback sessions. For this reason, the ICO advises you to check that your username and password is functioning and active.

The ICO has provided the setup details required to the ONE Network and you will be emailed directly with your login details. If your login details are not working or you need instructions on logging in to the ONE Network you can contact the ICO directly or email oneintl@aao.org.

7. Examinations

Trainees must pass the MRCSI (Ophth) exam to successfully complete Basic Training. The MRCSI (Ophth) assesses competence in clinical ophthalmology and the relevant basic sciences. It focuses on the assessment of the key components of clinical competence; knowledge, clinical skills, communication, clinical reasoning ability and professionalism. Candidates are required to demonstrate competence in all of these areas to achieve success in the examination. Trainees must pass the FRCOphth Part 1 exam, the Refraction exam and the Part 2 written & clinical.

FRCOphth Part 1 Exam

You must pass the FRCOphth Part 1 exam in order to be eligible to sit the MRCSI (Ophth) Part 2 exam. The Royal College of Ophthalmologists (RCOphth) UK are the training body that run the FRCOphth Part 1 exam. It is possible to sit the exam in multiple locations in the UK and in Dublin further information is available from the RCOphth.

Scheduling

The dates for UK and Dublin are the same and are normally scheduled in October, January and April of each training year.

To Apply

Any candidates applying for the exam for the first time and not registered with the GMC have to make their first application offline (email or post) so that the RCOphth can manually validate eligibility. Please contact the exams office in the RCOphth to do this exams@rcophth.ac.uk. All subsequent applications are made via the RCOphth website: <https://www.rcophth.ac.uk/examinations/book-now/>.

There is information on demonstrating eligibility for those not registered with the GMC in the information pack on the RCOphth website <https://www.rcophth.ac.uk/examinations/part-1-fellowship/>. You can provide your IMC number in lieu of your PMQ.

Contact

For advice on completing your application, you can email exams@rcophth.ac.uk.

Closing Dates

It is essential that you pay close attention to the **closing dates** for each exam, as these can be as early as 2-3 months before the examination date.

Refraction Exam and MRCSI Part 2 Exam

The Refraction exam and the MRCSI Part 2 exam (Written and Clinical) are both hosted in Dublin by the Royal College of Surgeons in Ireland (RCSI).

Scheduling

The Refraction exam is scheduled once per year with a supplemental exam for those who were not successful at the first yearly sitting. The MRCSI Part 2 Written exam is also held once per year with a supplemental exam for those who were not successful at the first yearly sitting. The MRCSI Part 2 Clinical exam is held once per training year, the Part 2 written must be passed to be eligible to sit the Part 2 Clinical.

To Apply

Please visit <https://postgradexams.rcsi.ie/public/openexams> to search for the relevant exam and to apply.

Contact

If you have any queries, you will see listed on the portal a contact person from the RCSI Exams office for each exam or you can contact the general exams email pgexams@rcsi.ie.

Regulations

For the Regulations and Eligibility Guidelines of the RCSI run components of the MRCSI Exam, please visit the RCSI website.

Refraction Exam Exemption

You may apply for an exemption of the refraction component of the MRCSI exam if you can demonstrate registration as an optometrist with CORU Ireland or the General Optical Council (GOC) UK within 5 years of the refraction exam date. It is important you do this in plenty of time *before the date of registration* for the refraction exam in case your exemption is not valid and you need to sit the refraction exam. Please visit the ICO website for details on how to apply for this exemption.

Important

*The supplemental exam will only be made available to unsuccessful candidates from the first sitting of the exam. A first application cannot be made to the supplemental diets.

**Any successful candidates following the Written supplemental in January will be facilitated to submit a late application for the February Clinical exam. All other candidates must apply by the deadline.

Closing Dates

It is essential that you pay close attention to the **closing dates** for each exam, as these can be as early as 2-3 months before the examination date.

8. Clinical Cases Logbook

It is essential that during basic medical training each trainee collects 8 cases across the breadth of ophthalmic practice. There is a specific emphasis on neuro-ophthalmology which can be a life threatening as well as a sight threatening presentation. Each case must be described with reference to presentation, differential diagnosis, investigations, initial treatment, further investigation, evidence based use for treatment with reference to relevant RCTs or case series (if rare, presentation) and final outcome. The forms for the Clinical Cases Logbook is available on the SFS website.

Clinical Cases Logbook to be completed during BMT for entry into HMT are below:

1 managed case of glaucoma:	POAG, NTG or OHT
1 managed case of uveitis:	Anterior or posterior
1 managed cases of childhood strabismus:	Esotropia or exotropia
2 managed cases of acquired strabismus:	IV or VI CR N palsy, III CR N palsy x 1
2 managed cases of neuro-ophthalmology:	CST or GCA or Horner's Syndrome
1 managed cases of anterior segment:	Herpetic or microbial keratitis

9. Human Factors

As well as clinical and surgical skills it is important to develop professional and behavioral competencies. All trainees are required to attend the Human Factors modules and to pass the end of year 1 & 2 OSCE. Each module is delivered over one day and each module is repeated.

Trainee must attend 3 modules in year 1 and 2 modules in year 2 and to pass the Human Factors OSCE examination in years 1 and 2. The training is delivered by a combination of didactic teaching and practical work, which will involve role-playing and small group discussions. Trainees are encouraged to find solutions to human factor problems for themselves and they are given assignments on which to work on between modules. There is emphasis on practical application in the work place and the assignments reflect the importance of work place application.

Information on the dates of modules will be circulated by the ICO.

10. Audit

Trainees must complete a minimum of 4 audits during basic training. The Consultant Trainer(s) will give guidance on an appropriate subject and methodology but it is the responsibility of the Trainee to initiate this within three weeks of starting each new training placement. The audit should include (with attached copies of relevant published literature):

- Discussion of the choice of audit subject
- Discussion of the choice of national / international standard against which current practice will be audited
- Outcome of initial audit of current practice and variance of results from chosen standard
- Measures taken to improve practice
- Final audit and closure of audit loop

Performance of audit contributes to the scorecard in order to compete to enter HMT.

11. Syllabus

The Basic Medical Training Syllabus comprises the following components:

1. Oculoplastic, Adnexal and Lacrimal Procedures
2. Cornea & External Diseases
3. Cataract & Refraction
4. Glaucoma
5. Vitreoretinal Disorders incl Medical Retina
6. Neuro-ophthalmology
7. Paediatric Ophthalmology & Strabismus
8. Accident and Emergency Ophthalmology

More detailed information on the syllabus components can be found in Appendix A of the curriculum document on the ICO website. Please note that the curriculum is continuously reviewed.

12. Courses and Meetings

ICO Skills Courses & Study Days

(Details on courses and information on how to register will be circulated by the ICO)

- Micro Surgical Skills Course, RCSI
 - Refraction Course
 - Ocular Anaesthetics Course, RVEEH
 - Strabismus Course, Waterford
 - Pathology Course, RVEEH
 - Anatomy Course, Multiple contributors
- ONLINE

13. Workplace-Based Assessments

Summary of WBAs for Year 1 Basic Medical Training (BMT) 2019

The content of the new WBAs will be targeted towards important clinical induction skills (Yr 1) as well as procedural and medical skills that are not currently assessed in the training program. The content is *relevant* to what the final practitioner will actually 'practice'. Forms for all WBAs are available on the SFS website.

Clinical Assessment WBA	
<i>Rotation: Y1a or Yr1b but not both</i>	
<i>Title: Cataract</i>	<i>Title: PVD</i>
<i>Assessment Tool: mini-CEX</i>	<i>Assessment Tool: mini-CEX</i>
<i>Content: Cataract: History taking, clinical assessment, management plan and counselling for surgery.</i>	<i>Content: PVD: History taking, clinical assessment, management plan.</i>
<i>No. of attempts: 2 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.</i>	
<i>Deadline for Clinical WBAs: November 30th 2019 (Y1a) or May 30th 2020 (Y1b).</i>	

Procedural Assessment WBA	
<i>Rotation: Y1a or Yr1b but not both</i>	
<i>Title: Fundal Skills</i>	<i>Title: Glaucoma Skills</i>
<i>Assessment Tool: DOPs</i>	<i>Assessment Tool: DOPs</i>
<i>Content: Fundal Skills: Examination with fundal lenses – 90D, 78D, 60D, superfield lens, T-mirror examination and indirect ophthalmoscopy.</i>	<i>Content: Glaucoma Skills: Examination with Goldman applanation tonometry, calibration of GAT and gonioscopy.</i>
<i>No. of attempts: 2 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.</i>	
<i>Deadline for Procedural WBAs: November 30th 2019 (Y1a) or May 30th 2020 (Y1b).</i>	

Procedural Assessment WBA	
<i>Rotation: Y1a or Yr1b but not both</i>	

<i>Title:</i> I+C Meibomian Cyst	<i>Title:</i> Refraction Skills (Adult)
<i>Assessment Tool:</i> DOPs	<i>Assessment Tool:</i> DOPs
<i>Content:</i> I+C Meibomian Cyst Pre-operative treatment, intraoperative skills and post-operative care.	<i>Content:</i> Retinoscopy, cross cylinder, prescription, prisms.
<i>No. of attempts:</i> 2 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.	
Deadline for Procedural WBAs: November 30th 2019 (Y1a) or May 30th 2020 (Y1b).	

NB: One mini-CEX and one DOPs must be chosen from the above list and completed in each 6 month rotation. Once a mini-CEX or DOPs is chosen then that must be the *same* mini-CEX

for each attempt in a given 6 month rotation. Whichever mini-CEX is *not* done in Yr 1a must be completed in Yr 1b. The decision to have a choice of content is to be practical in that some teams will be more suited to training some skills more than others. All these skills are basic skills that all trainees should acquire to a high standard in Yr 1 of training.

Summary of WBAs for Year 2 Basic Medical Training (BMT) 2019

The content of the WBAs for Yr 2 are targeted towards important clinical and procedural skills as well as medical skills that are not currently assessed in the training program. Forms for all WBAs are available on the SFS website.

Clinical Assessment WBA	
<i>Rotation:</i> Yr2a or Yr2b but <i>not</i> both	
<i>Title:</i> Microbial Keratitis	<i>Title:</i> ARMD (wet)
<i>Assessment Tool:</i> mini-CEX	<i>Assessment Tool:</i> mini-CEX
<i>Content:</i> Microbial Keratitis: History taking, clinical assessment, investigations / treatment & management plan.	<i>Content:</i> ARMD: History taking, clinical assessment, investigations (FFA/OCT)/ treatment & RCT informed management plan.
<i>No. of attempts:</i> 2 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.	
Deadline for Clinical WBAs: November 30th 2020 (Y2a) or May 30th 2021 (Y2b)	

NB: Once a mini-CEX is chosen then that must be the *same* mini-CEX for each attempt in a given 6 month rotation. Whichever mini-CEX is *not* done in Yr 2a must be completed in Yr 2b. The decision to have a choice of content is to be practical in that some teams will be more suited to training some skills more than others.

Procedural Assessment WBA
<i>Rotation:</i> Y2a and Yr2b: Choose two of the four competences below. Whichever procedures are not chosen for Yr 2a and Yr 2b will be required to be performed in Yr 3a and Yr 3b.

<i>Title:</i> Refraction (Paeds)	<i>Title:</i> S+P	<i>Title:</i> Ectropion (wedge) or Lateral Tarsal Strip Surgery	<i>Title:</i> Laser pan-retinal photocoagulation (PRP)
<i>Assessment Tool:</i> DOPs	<i>Assessment Tool:</i> DOPs	<i>Assessment Tool:</i> DOPs for Ectropion or OSCAR for LTS	<i>Assessment Tool:</i> DOPs
<i>Content:</i> Retinoscopy, cross cylinder, prescription, bifocals, prisms.	<i>Content:</i> Syringe and Probe (Adult)	<i>Content:</i> Ectropion repair: Wedge or LTS Surgery	<i>Content:</i> Direct observation of argon laser application for pan-retinal photocoagulation.
<i>No. of attempts:</i> 3 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.			
Deadline for Clinical WBAs: November 30th 2020 (Y2a) or May 30th 2021 (Y2b) or December 20th 2021 (Y3a)			

Summary of WBAs for Year 3 BMT National Training Program 2019

The content of the WBAs for Yr 3 are targeted towards important clinical and procedural skills as well as medical skills that are not currently assessed in the training program. Forms for all WBAs are available on the SFS website.

Clinical Assessment WBA	
<i>Rotation:</i> Yr3a or Yr3b but <i>not</i> both	
<i>Title:</i> Ocular Motility and Strabismus	<i>Title:</i> DME
<i>Assessment Tool:</i> Mini-CEX	<i>Assessment Tool:</i> Mini-CEX
<i>Content:</i> Ocular motility and ocular misalignment: paralytic or non-paralytic strabismus. History taking, clinical assessment, investigations / treatment & management plan.	<i>Content:</i> DME: History taking, clinical assessment, investigations (FFA/OCT)/ treatment & RCT informed management plan.
<i>No. of attempts:</i> 2 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.	
<i>Deadline:</i> December 20th 2022 (Y3a)	

Procedural Assessment WBA			
<i>Rotation:</i> Year 3. Whichever procedures were not chosen in Yr 2a and Yr 2b will be performed in Yr 3a and Yr 3b.			
<i>Title:</i> Refraction (Paeds)	<i>Title:</i> S+P	<i>Title:</i> Ectropion (wedge) or Lateral Tarsal Strip Surgery	<i>Title:</i> Laser pan-retinal photocoagulation (PRP)
<i>Assessment Tool:</i> DOPs	<i>Assessment Tool:</i> DOPs	<i>Assessment Tool:</i> DOPs for Ectropion or OSCAR	<i>Assessment Tool:</i> DOPs

		for Lateral Tarsal Strip Surgery	
<i>Content:</i> Retinoscopy, cross cylinder, prescription, bifocals, prisms.	<i>Content:</i> Syringe and Probe (Adult)	<i>Content:</i> Ectropion repair: Wedge or LTS Surgery	<i>Content:</i> Direct observation of technique of argon laser application for pan-retinal photocoagulation.
<i>No. of attempts:</i> 3 attempts are allowed. All forms must be submitted to the College. The highest score will be entered in the scorecard.			
Deadline for Clinical WBAs: December 20th 2022 (Y3a)			

NB: Please note that some DOPs procedures may be difficult to acquire in some units. Please look at your 3-year BMT rotation and discuss with your Trainer (and the Dean if necessary) which DOPs are best suited to each rotation.

14. Certificate of Completion of Basic Medical Training (CCBMT)

It is essential that Trainees achieve the medical and clinical, personal and professional competences defined in the medical curriculum, fulfil the mandatory assessment requirements, pass the MRCSI Examination to be awarded CCBMT.

At the final CAPA assessment session, it is confirmed if the following mandatory components of the training programme have been successfully attained:

- Workplace Based Assessments (WBAs)
- CAPA A Form (cumulative log summary)
- e-Logbook
- Consultant Trainer Reports x 6
- School for Surgeons (SFS): Assignments and Interactive Classroom Attendance
- Exams: FRCOphth Part 1, Refraction Exam and MRCSI Part 2 (Written and Clinical)
- Completion of Clinical Cases Logbook
- Human Factors: Modules and OSCEs
- ICO Skills Courses & Study Days
- Participation in In-House Teaching
- Participation in National Postgraduate Teaching Programme (NPTG)

Award of the CCBMT is an essential element to complete the requirements of completion of higher medical training and eligibility for specialist registration as an Ophthalmologist.

15. Marking Scheme for Entry to HMT

The following are the components which will be scored for competitive entry into the Higher Medical Training programme.

There will be 2 components:

- A. Performance during BMT Yr 1-3 scorecard
- B. Interview scorecard

The scorecard for performance during BMT will be based on scores attained in BMT in the following:

- *Work Place Based Assessments*
- *School for Surgeons*
- *Human Factors*
- *Procedural Logbook*
- *MRCSI*
- *Audit*
- *Prizes*

Further details will be update on the ICO website.

16. What happens if you do not complete BMT within three years

The ICO recognises that for a variety of reasons a trainee may not complete the BMT programme within three years. If a Trainee does not complete the programme within three years of the start date an appropriate training plan must be put in place following discussions with the Dean. The Training Agreement that the Trainee signs with the ICO must be updated to reflect the mutually agreed training plan.

If you are undertaking extended training time the ICO will endeavour to ensure you have access to a suitable training post but for reasons outside our control this may not always be possible

17. Leave

The requirement for both the clinical and mandatory training elements to be completed during defined stages of training means that training must occur in its entirety on training programme in Ireland. Completing a period of BMT overseas is not permissible because such experience, even if in a training environment, will not allow the on-site appraisals or the off-site training content to be delivered.

The ICO recognizes that for a variety of exceptional reasons a trainee may require time off the programme. If this situation arises please contact the ICO at the first available opportunity to

discuss this in more detail. If a trainee takes leave an annotation to the training agreement may be required and this will be discussed and agreed with the Dean.

If you are returning from leave the ICO will endeavour to ensure you have access to a suitable training post but for reasons outside our control this may not always be possible

Maternity Leave

As Maternity Leave affects post allocation please inform the College of start and finish dates once confirmed. Trainees must also inform their employer as per their HSE contracts. If a trainee takes maternity leave an annotation to the training agreement may be required and this will be discussed and agreed with the Dean.

Return to training following a period of leave

The College meets with all trainees returning from leave to discuss and agree the training plan and to provide additional supports if required.

Communication while on leave

The College continues to circulate relevant information to trainees who are on leave however the trainee is under no obligation to reply.

18. Support Structures

The College recognises that trainees may face stressful situations during the programme which can impact on their performance and progress. Trainees may underperform and not achieve the desired performance requirements of the curriculum. There may be many reasons for this underperformance. Coping with the demands of a busy profession, maintaining skills and knowledge and balancing family and personal commitments can be difficult. The College is committed to provide support to trainees to assist them appropriately through difficult situations. Trainees can contact the College if they wish to discuss any aspects of their training with the Dean of Postgraduate Training and an appointment can be organised on their behalf.

For a variety of reasons a Trainee may be underperforming in their post. To help trainees, the ICO provides support so that Trainees can maximise their development and career progression.

The support escalations are outlined below:

1. Consultant Trainer.
2. Educational Supervisor
3. Dean of Postgraduate Surgical Education who may, in appropriate situations, bring any problems to the attention of the Training Committee.

All trainees are encouraged to use those resources available to them during their time on the programme should they encounter any problems during their training or wish to seek career advice.

19. Appeal

Trainees have a right to appeal a decision of the Dean and Training Committee that affects their progression through the programme. The appeals procedure is available from the ICO.

20. HSE National Flexible Training Scheme

The HSE National Flexible Training Scheme is a national scheme managed and funded by the Health Service Executives National Doctors Training and Planning (NDTP) Unit. The scheme provides for a limited number of supernumerary places to facilitate doctors from **Year 2 of Basic Medical Training** level to continue their training in a flexible manner for a set period.

The HSE NDTP Guidance Document sets out the current details of the National Flexible Training Scheme and provides information for trainees about the programme and the application process.

Please refer to the HSE NDTP website for up to date information on the scheme and the application process.

21. HSE National Coaching Service

The HSE offers a National Coaching Service to all its employees in recognition that coaching aims to help people when they feel stuck and want to bring about personal change in their lives and work, to shift their perspective, reflect on their choices and realise their individual potential. The National Coaching Service offers 4-6 one to one sessions over the phone with each session lasting 1-hour max.

To find out more about the coaching service please visit <https://www.hse.ie/eng/staff/leadership-education-development/coaching.html>.

You can apply for a coach confidentially by contacting National Human Resources Division, Workplace Relations Unit, Staff Development Section by email hr.staffdevelopment@hse.ie.

22. NCHD Clinical Courses & Examination Refund Scheme

A contribution towards HSE approved clinical courses and examinations is available to Non-Consultant Hospital Doctors (NCHDs) from HSE – National Doctors Training & Planning (NDTP). The list of HSE approved clinical courses and examinations is provided in the Clinical Course & Examination Refund Scheme guidance document.

The amount available is a maximum of €450 per clinical course / examination per NCHD for examinations undertaken within the Republic of Ireland. If the actual cost of the clinical course

or examination is less than €450, the amount refunded by the HSE will be equal to the actual cost incurred by the NCHD.

For those examinations, approved by the HSE, and only available outside of Ireland, the amount available is a maximum of €650 per examination per NCHD. If the actual cost of the

examination is less than €650, the amount refunded by the HSE will be equal to the actual cost incurred by the NCHD.

To access the Clinical Courses & Exams Fund Guidance Document and Application Form, please visit: <https://www.hse.ie/eng/staff/leadership-education-development/met/ed/fin/>

23. HSE Training Support Scheme

Additional Training Support Funding has been made available to NCHDs from July 2019 onwards. This scheme is in addition to existing financial supports such as the Clinical Course and Exam Refund Scheme and the Higher Specialist Training Fund. Funding is allocated based on Grade.

Further information is available at;

<https://www.hse.ie/eng/staff/leadership-education-development/met/ed/fin/>

24. HSE National Doctors Training & Planning



The Irish College of Ophthalmologists wish to acknowledge the support provided by the HSE National Doctors Training & Planning and its contribution to the development of postgraduate medical training in Ireland in an evolving health service.

<https://www.hse.ie/eng/staff/leadership-education-development/met/ed/fin/> .

25. Data Protection

Data Protection is an increasingly important issue for all organisations. Like all organisations that hold and use personal data, the ICO must meet certain obligations relating to the manner in which it collects, stores, uses and disseminates personal data of individuals.

The ICO is committed to meeting its obligations under the Data Protection Acts 1988 and 2003 and the General Data Protection Regulation 2018. ICO needs to collect personal data, as

defined by the Acts, for a variety of purposes, in order to conduct its business as a professional and post graduate training body. ICO collects data relating to trainees who come into contact with the college in the course of its activities. Personal data is collected, managed and used for a variety of purposes including, but not limited to, the admission, assessment and examination of trainees and their clinical performance.

ICO is committed to compliance with the eight principles of data protection as set out in the Acts:

1. To obtain and process personal data fairly

ICO will obtain and process personal data fairly in accordance its legal obligations.

2. To keep it only for one or more specified and lawful purposes

ICO will keep data for purposes that are specific, lawful and clearly stated and the data will only be processed in a manner compatible with these purposes.

3. To use and disclose it only in ways compatible with the stated purpose(s)

ICO will only use and disclose personal data in ways that are necessary for the purpose/s or compatible with the purpose/s for which it collects and keeps the data.

4. To keep it safe and secure

ICO will take appropriate technical and organisational security measures against unauthorised access to, or alteration, disclosure or destruction of the data and against their accidental loss or destruction.

5. To keep it accurate, complete and up-to-date

ICO will take appropriate measures to ensure high levels of data accuracy and completeness and to ensure that personal data is kept up to date.

6. To ensure that it is adequate, relevant and not excessive

Personal data held by the College will be adequate, relevant and not excessive in relation to the purpose/s for which they are kept.

7. To retain it for no longer than is necessary for the purpose for which it was collected

ICO will have a defined retention period policy for personal data and appropriate procedures in place to implement such a policy.

8. To give a copy of his/her personal data to an individual, upon request.

ICO has procedures in place to ensure that data subjects can access a copy of his/her data held by ICO, in compliance with sections 3 & 4 of the Data Protection Acts.

The ICO does not share personally identifying data with third parties unless requested to do so for a specific regulatory purpose by the HSE or the Medical Council.



26. Important Contacts

Irish College of Ophthalmologists

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RCSI Library

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<https://vle.rcsi.ie/login/index.php>