



# Wellbeing of Doctors in Ireland

Then & Now..... Help Shape the Next Chapter

## Did you know that 10 years ago in Irish hospitals...

- Doctors worked an average of **57 hours per week**
- **82%** of doctors experienced **workplace stress**, with **1 in 3** reporting **burnout symptoms**
- Only **22%** of doctors had a **good work-life balance**
- Yet **70%** said they still **love what they do**

*These were findings from the National Wellbeing Study of hospital doctors carried out in 2014 which started the conversation of doctor wellbeing by national bodies and the HSE.*

## What's the situation 10 years later?

That's what the **Wellbeing 2 Study** is here to find out.

### Wellbeing 2 Study is:

- Measuring the **personal and workplace wellbeing** of hospital doctors
- A **national study across specialties**, including **consultants and NCHDs** in Irish hospitals
- **Anonymous** and **confidential**, supported by all postgraduate medical training bodies
- Using **validated survey tools** to ensure robust, high-quality results
- **1 CPD credit on completion of survey. Win 1 of 3 pre-paid SWIRL® cards worth €500!**

**Your experience matters. Help shape the future of doctor wellbeing in Ireland!**

 **Have your say complete the Wellbeing 2 Survey!**

[Wellbeing 2 Survey Link](#)

OR

scan QR code for survey:

