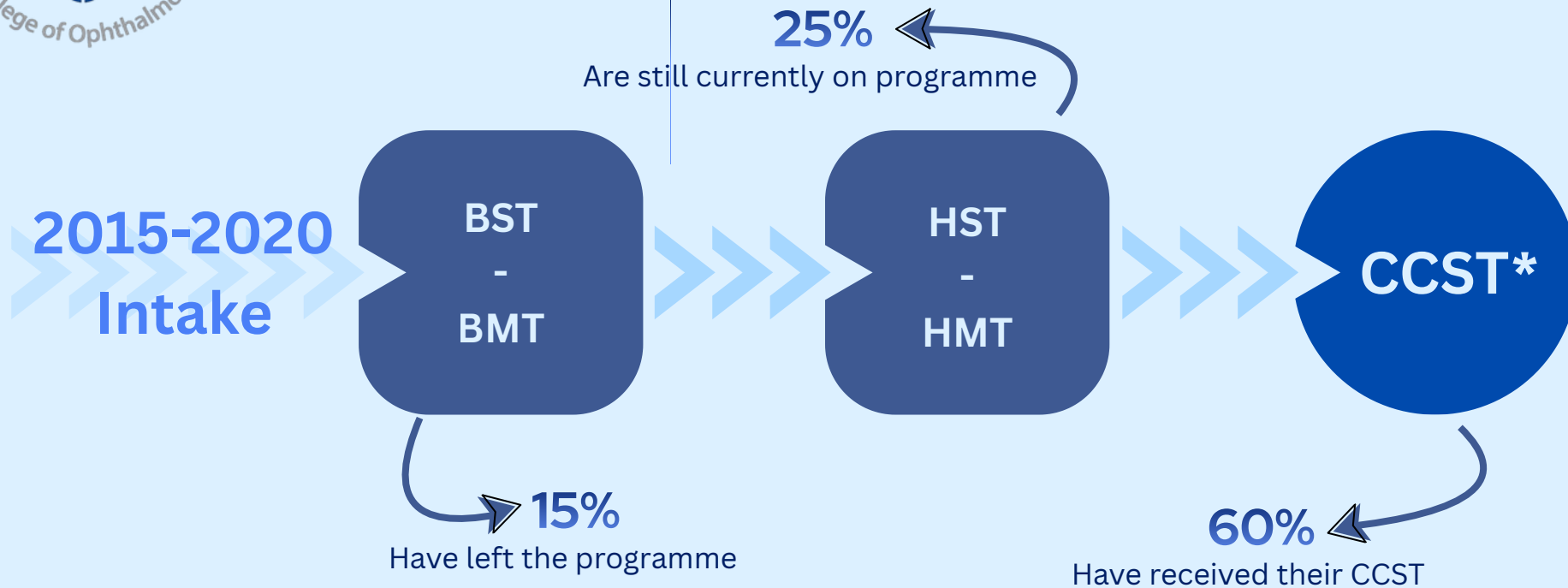




PROGRESSION METRICS



*as of April 2026

The Basic Surgical Training (BST) and Basic Medical Training (BMT) programmes are both 3 years in length. After completion, trainees apply via competitive interview to the respective Higher Specialist Programmes, Higher Surgical Training (HST, 4 years in length) and Higher Medical Training (HMT, 2 years in length).

The progression metrics report for the Basic Training Programmes in Ophthalmology is designed to document the progression of trainees throughout basic training.

The report has found that, as of 2026, the majority of trainees are progressing as expected. The most common reason for extended training is leave taken by the trainee (maternity leave, sick leave, etc.).

Trainees who are not deemed at standard are provided with additional supports as per the Targeted Training Policy.