**Peter Eustace Memorial Ophthalmology Mater Study Day**

**Friday October 25th 2019**

 **Catherine McAuley Lecture Theatre**

**Mater Misericordiae University Hospital**

**Nelson Street, Dublin 7.**

**TITLE Keeping an EYE on us: Staff well-being, burnout, resilience and motivation to** **change: Who cares for the carers?**

**PROGRAMME**

8.30am **REGISTRATION**

9.00am  **Welcome Address**

 **Prof. Paul Connell, Ophthalmic Surgeon, Mater Hospital**

**SESSION 1** **Chair: Prof. Paul Connell**

 Burnout and capacity management

9.05am Occupational health and burnout: changing paradigm in tertiary care.

 **Dr. Dominic Natin**

 Lead – Department of Occupational Health, Mater Hospital

9.25am Emotional intelligence/Healthy boundaries: comments on National NCHD survey

 **Ms. Hadas Levy**

 Health and well-being lead Royal College of Physicians of Ireland

10.05am Beyond Capacity in Ophthalmology: Analysis of expanding workloads on burnout, resilience and motivation.

 **Prof. Paul Connell**

10.25am How do we manage health in the context of demand? Realities of capacity waiting list management in the Irish health service.

 **Ms. Alison Green**

Director of Process and Innovation, NTPF

10.45am Discussion and recap

 Q&A

 **Prof. Paul Connell**

11.00am **COFFEE BREAK**

**SESSION 2** **Chair: Ms. Yvonne Delaney**

 Motivation for change/Lean/Regaining control for better health

11.15am The principles of lean as applied to ophthalmic care: How can we create positive environment for change?

 **Prof. Colm O’Brien/ Ms Emma Smyth**

 Lead: Institute of Ophthalmology

 Consultant Ophthalmic Surgeon, Mater Hospital

11.40am Impact of applied lean practice to gynaecology/oncology: emphasis on staff work practice.

 **Mr. Bill Boyd (TBC)**

 Consultant Gynaecologist and Chair of Division of Surgery

12.10pm Manpower recruitment and retention – workforce planning into the future.

 **Prof. Frank Murray**

 Director, National Doctors and Training and Planning (NDTP) HSE

12.40 pm Synopsis and recap

 Q&A

**1.00pm – 1.45pm LUNCH**

**SESSION 3** **Chair: Prof. Paul Connell**

Creating the workplace environment for better health - HSE caring for carers

1.45pm Psychological well-being, self-awareness and self-care.

 **Dr. Sinead Mulhern**

 Lead Clinical Psychologist, Mater Hospital

2.10pm Teamwork and performance: does or can it apply to health care?

 **Mr. Brian Fenton**

 Dublin Senior Football Player and multiple All-Ireland winner.

2.40pm **Peter Eustace Memorial Lecture**

 **Prof. Sean Gaine**

 **Consultant Respiratory Physician, Mater Hospital**

**Integrating wellness into our lives: Lessons from Olympic athletes**

3.10pm **Concluding remarks and thanks**

 **Prof. Paul Connell**